

Mike Rich

Physical Therapist

Restore Group Rehabilitation



Mike Rich brings a combination of education, experience and vision to the organization. Mike holds degrees from Arizona State University, Hutchinson Community College, and Arapaho Community College as well as three national Licenses/certifications. It didn't take Mike long to establish himself as a defining member of the sports medicine community. As Head Athletic Trainer at John C. Lincoln Hospital, Mike proposed and integrated a sports medicine contract for the Paradise Valley School District. This vision provided athletic trainer coverage for their sports teams. Later that year he and two partners opened SPORT Rehabilitation Institute, a physical therapy clinic in Mesa. During that time Mike became a teacher/athletic trainer at Gilbert high School where he designed and implemented a sports medicine curriculum in the secondary schools while overseeing course instruction and the student trainer program. Mike currently serves as District Athletic Trainer for the Gilbert Unified Schools and is responsible for overseeing the individual school trainers, for formulating the district sports medicine budget, and for educating the coaches in basic sports medicine concepts.

In 1994 Mike and his partners opted to merge their growing number of local physical therapy clinics with Physiotherapy Associates, a national group based in Memphis. He served as a Director for the firm until 2007 when his vision for Restore came to fruition.

Mike has been involved with mobile sports medicine coverage since 1990. Better known as the Justin Boots Sports Medicine Team (covering rodeo), the group has provided traveling medical coverage for professional rodeo (PRCA), bull riding (PBR), ski tours (Chrysler pro downhill), and motor sports events (Nascar and ppg indycar).

In addition to the sports already mentioned, Mike has worked with trainers and physicians in a wide spectrum of professional sports. He worked with the team trainer and physicians for the Phoenix Roadrunners of the International Hockey League as well as the California Angels and Milwaukee Brewers organizations with major league baseball. He assisted tour medical personnel in the recognition, prevention, treatment and rehabilitation of injuries sustained by professional volleyball players of the AVP Volleyball Tour as well as the Budweiser 4-Man Volleyball Tour. Mike has also traveled overseas providing medical coverage with the ATP pro tennis tour at several sites.

In 2010 Mike took over the reins of the Justin Sportsmedicine team for professional rodeo and increased its effectiveness with three new mobile facilities, computerized injury records and real time injury/treatment data to better assist the care of the rodeo athlete.

Mike has served on the Arizona Board of Athletic Trainers, Board of Directors for two consecutive terms and served on the National Athletic Trainers Association Committee for two terms also.

With twenty years of experience in medicine from the high school to professional levels in many sports, and from hospitals to outpatient clinics, Mike has always enjoyed helping the patients. It is rare to encounter a person with education, experience, vision, and compassion. Mike Rich is such a person.