

# Jay Bloomfield

*Physical Therapist*

*Restore Group Rehabilitation*



Jay Bloomfield graduated from Northern Arizona University with a Bachelor of Science in Physical Therapy in 1988. Since that time he has been practicing orthopedic and sports physical therapy, utilizing a hands-on manual approach with exercise based enhancement. He has worked with numerous college, Olympic and professional athletes, including members of the Phoenix Roadrunners, Arizona Rattlers, Montreal Expos and the San Francisco Giants.

As an ex-college athlete, Jay has experienced many injuries resulting in multiple surgeries. These experiences have helped to enhance his understanding of the patient's rehabilitation to better serve his clients.

Jay has worked directly with the Paradise Valley Unified School District (PVUSD) since 1990. He managed the PVUSD sports medicine program which trained and educated the coaches and functionally rehabilitated the athletes.

Jay is married and has twin daughters who attend elementary school in the Cave Creek Unified School District. He enjoys spending time with his family and playing golf.