

Doug Rich

Physical Therapist, MS, OCS, CHT

Restore Group Rehabilitation



Doug Rich is a 1994 graduate of the University of Kansas Medical School with a Masters in Physical Therapy. He received his Bachelors of Science in Microbiology from Kansas State University in 1992.

He is a Certified Hand Therapist and is considered a masters level clinician in the field of Physical Therapy with Certified Specialists designation by the American Physical Therapy Association. Less than 1% of all Physical Therapists achieve these designations and a review on competency is required every 10 years to maintain board certifications.

In 2005 Doug was voted by his peers to the listing on the BESTOFUS.com as one of the top orthopedic physical therapy practitioners in the State of Arizona. After managing a large physical therapy clinic in Scottsdale for over 10 years, Doug started Rich Physical Therapy in November of 2007. Previously, Doug managed a sports specific physical therapy clinic at Arizona State University.

Doug Rich has two patents for exercise equipment. The PexxPad is a protective device for the bench-press and the Closed Chain Gym which offers advanced functional training for all individuals trying to safely transfer from general exercises to full functional and sporting activities.